



# DON'T MAKE YOUR FAMILY GUESS



**Prepare for emergency  
and protect your  
family with Advance  
Care Planning**

**SSVMS Honoring Wishes Program**

# FIVE WISHES PLAN

The Sierra Sacramento Valley Medical Society (SSVMS) provides the **Five Wishes** plan for free so you can give your family the tools needed to honor your medical wishes.



**It is written in everyday language.**



**It covers personal, spiritual, medical, and legal wishes.**



**It relieves family and medical providers from the difficult position of guessing your wishes.**



**It is legally valid in California.**

Scan to start your FREE **Five Wishes** Advance Care Directive.



[www.ssvms.org/community-programs/honoring-wishes](http://www.ssvms.org/community-programs/honoring-wishes)



[info@ssvms.org](mailto:info@ssvms.org)